



ST. MARY'S CATHEDRAL

DIOCESE OF CALGARY

Weekend Mass Times

SAT 5 PM
SUN 8 AM, 10 AM, 12 PM &
4 PM (SFXC)

Weekday Mass Times

MON-FRI 7:30 AM & 5 PM
WED 7 PM (SFXC)
SAT 9 AM

WEEKDAY STAT HOLIDAYS
9 AM Mass only

Eucharistic Adoration

FRI 3:30 – 4:45 PM

Sacrament of Reconciliation (Confession)

TUE-SAT 4:00 - 4:45 PM
WED 7:45 – 8:20 PM
FRI 3:30 – 4:45 PM
SUN 3:00 – 3:45 PM

Baptism

deacon@stmaryscalgary.ca

First Reconciliation

First Holy Communion

Confirmation

sacraments@stmaryscalgary.ca

RCIA (Rite of Christian Initiation of Adults)

deacon@stmaryscalgary.ca

Marriage

sacraments@stmaryscalgary.ca

Office Hours

MON - FRI 8:30 AM – 4 :00 PM
Closed for lunch 12:00 - 1:00 PM
Closed Statutory Holidays

Contact Us

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7TH SUNDAY OF EASTER • THE ASCENSION OF THE LORD | MAY 21, 2023

God has gone up with a shout, the Lord with the sound of a trumpet. (Ps 47)

If we merely stand awe-struck looking up to heaven as did the early disciples, our gaze will be redirected as was theirs. The mission of Jesus is now in our hands. It is now our responsibility to make disciples of all nations, to bring the good news to the people of our age. The disciples were not alone in this task, and neither are we. Jesus' words are directed to us as well: "I am with you always, until the end of the age." (Reflection: Dianne Bergant, CSA)

HOLIDAY MONDAY | May 22

This Monday, May 22 is Victoria Day. Mass will be held at 9 am ONLY, and the Parish office will be closed.

SACRAMENT OF CONFIRMATION

This coming Thursday evening, 33 young people in our Church who have been preparing over the past months for Confirmation will receive an outpouring of the Holy Spirit. Please keep them in your prayers!

MYSTAGOGY: LIVING THE NEW LIFE IN EASTER | May 26

Join us in the Church this Friday, May 26, after the 5pm Mass for the final talk on *Living the New Life in Easter: "Sent to Be Witnesses."* All are welcome!

PENTECOST VIGIL MASS | May 27

To celebrate the Pentecost, the Calgary Catholic Charismatic Renewal Society (CCCRS) invites you to a Pentecost Vigil Mass on May 27 (6:30 pm) at St. Mary's Cathedral with Fr. Nilo Macapinlac. Info: cccrs.com/pentecost-vigil/

SPOTLIGHT VIDEOS

This week's Parish Spotlight video focuses on **Phan Truong, volunteer Sacristan**. You can watch it here: youtu.be/pZG5dYnr_Q4. While you're there, subscribe to our YouTube channel @st.maryscathedralyyc to automatically receive a newly released video each Friday 4pm.

HIKE FOR LIFE

Thanks to the generosity of this community, over \$1500 was raised in Samuel's name for Calgary Pro-Life Association at last weekend's Hike for Life! Samuel extends his heartfelt gratitude for your support – may God bless you.

ST. MARY'S GIFT BOOTH

Our Gift Booth has a selection of beautiful gifts for children's Sacraments... you are invited to stop by to take a look before or after a weekend Mass; or visit the office during open hours.

YOUTUBE ORIGINAL FILM "THE LETTER"

Laudato Si' Week 2023 will be celebrated May 21-28 with the film "The Letter" (YouTube originals) to mark the 8th anniversary of Pope Francis' landmark encyclical on care for creation. "The Letter" tells the story of a journey to Rome of frontline leaders to discuss Laudato Si' with Pope Francis. The exclusive dialogue with the Pope, included in the film, offers a revealing insight into the personal history of Pope Francis and stories never seen since he became the Bishop of Rome. Watch the movie now at theletterfilm.org/watch.

Staff

Rector, Fr. Avinash Colaco
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Associate Pastor,
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Deacon Dennis Foraie
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Deacon Greg Barcelon
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Seminarian,
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Volunteer Resource,
Ivy Barcelon
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Reception, Michelle MacPhee
reception@stmaryscalgary.ca

Ways to Give

Your offertory gift provides crucial support to care for your Parish, which relies on your contributions for maintenance & growth. You can donate online, over the phone, or in person:

Kindly consider a pre-authorized donation for your Sunday offertory gift: it gives St. Mary's predictable cashflow and gives you as Christian stewards a predictable and convenient way to support your Church.

Set up a one-time or recurring donation via credit card on our website: stmaryscalgary.ca/giving

Pick up a set of donation envelopes at the gift booth before/after Mass, or the Parish office during open hours.

Questions about donating?
office@stmaryscalgary.ca
(403) 228-4170 (ext 222)

Together In Action (TIA) is a Diocesan charitable appeal to support ministries & programs in parishes across Southern AB and national/international initiatives, to carry out the mission of Christ through His Church. For a list of beneficiaries: catholicyc.ca/tia.

SPRING CLEAN-UP AT FCJ CENTRE | May 27

VOLUNTEERS NEEDED for a spring clean-up afternoon next Saturday, May 27 from 1-5pm. The Centre kindly asks that you bring work gloves, a rake, a shovel, and a lawn chair if possible. They will provide snacks and refreshments. Please RSVP by emailing rita.khanchat@fcjcentre.ca or by phone on 403-228-4215 on or before May 22.

HOW CAN I PRAY BETTER? | May 27

FCJ Christian Life Centre invites you to *How Can We Pray?* A practical and diverse prayer discernment experience: Sat, May 27 from 9:00am – 4:00 pm. This retreat will remind participants of the gift of prayer, provide a variety of resources to deepen their prayer life, and help make a better world. It will focus on five prayer forms and provide time to reflect, practice, share, and discern which form brings us closer to God. Information and registration on the FCJ Centre website: www.fcjcentre.ca

MAKING AN INFORMED MORAL CHOICE | May 29

In preparation for the upcoming provincial election (May 29), with a pastoral letter, the Catholic Bishops of Alberta wish to encourage all members of the Church to engage in the electoral process. With this letter, the Alberta Bishops offer to our Catholic faithful a reminder of important principles and concerns, which stem from the social doctrine of the Church, to guide the discernment of choices that accord with the Gospel's vision for the right ordering of society. Read the Alberta Bishops' message on catholicyc.ca/blog

PARKING NOTICE

Due to construction plans of the owner of the site, the parking lot on the north side of 18 Ave (across from the Church Office) is no longer accessible. Our Cathedral parking lot behind the Church/Rectory (entrance off 19 Ave) continues to be available for parking during Mass.

IMPORTANT MESSAGE FROM BISHOP McGRATTAN

Together with the Canadian Conference of Catholic Bishops (CCCB), Bishop McGrattan is urging the faithful to continue to oppose the expansion of MAiD in Canada. The CCCB has just released an Open Letter to the Government of Canada and a Message to the faithful re: Permitting Persons Living with Mental Illness to Access Euthanasia/Assisted Suicide. Read:

The Bishop's May 9 message: bit.ly/bishopMAiD

The CCCB Message to the Catholic Faithful: bit.ly/cccbMAiD

The CCCB Open Letter to the Government of Canada: bit.ly/cccbMAiDopenletter

TRAI D FOR MAiD | May 30

True Assistance in Dying: why is MAiD (Medical Assistance in Dying) embedding itself in our country? St. Michael's Catholic Women's League will be hosting Dr. Peggy Thomson-Gibson, MSCM. FRCP(C), as she presents on how to "Defend the Faith without Raising our Voice" to shed the light of faith through prayer, action and sacrifice. Tues, May 30 at 7:30 pm at St. Michael's Catholic Church, Calgary.

VISITATION OF MARY FEAST DAY | May 31

Bishop McGrattan invites you to join him on the Visitation of Mary Feast Day, to pray and gather, and entrust the work of the Synod of Bishops to Mary, Mother of the Church. We will be celebrating the Feast Day Mass with Bishop McGrattan, followed by a reception and an outdoor Rosary. Wed, May 31 from 11 am to 2 pm at the Shrine Church of Our Lady of the Rockies, Canmore. All are welcome!

SUNDAY OFFERING

Thank you for your support! Our bookkeeper is currently away from the office; a financial report will be provided upon her return.