

ST. MARY'S CATHEDRAL

219 - 18 AVE. SW CALGARY, AB. T2S 0C2

PH: (403) 228-4170 FAX: (403) 244-1965

WWW.STMARYSCALGARY.CA



ST. MARY'S CATHEDRAL-CALGARY

Bishop of Calgary: Bishop William T. McGrattan

Rector: Very Rev. Bob Dielissen

frbob@stmaryscalgary.com

Associate Pastor: Rev. Rowel Jose Abanto

frarjay@stmaryscalgary.com

Deacon: Rev. Mr. Dennis Foraie

dennis.foraie@calgarydiocese.ca

In Residence: Rev. Dennis McDonald

Rev. Jos Tom Kalathil Parambil jostomk@gmail.com

Rev. Charles Pottie Pâté, sj cpottie@jesuits.ca

Volunteer Screening Coordinator: Marilyn Belle-McQuillan:

pvsc@stmaryscalgary.com

Administrative Offices

Monday - Friday 8:30 am - 3:30 pm

Closed from during lunch

12:00 - 12:30 pm

Receptionist: Linda Hengen

Reception@stmaryscalgary.com

Secretary/Bookkeeper: Lillian Illescas

lillian@stmaryscalgary.com

Sacrament Coordinator: Allison Charlton

Allison@stmaryscalgary.com



SUNDAY MASS TIMES

Saturday 5:00 pm

Sunday 8:30, 10:00 am, Noon & 7:30

pm

WEEKDAY MASS TIMES

Monday - Friday, 7:30 am & 5:00 pm

Saturday - 9:00 am

SACRAMENT OF RECONCILIATION

Friday 4:00-4:45 pm

Saturday 8:15-8:45 am & 4:00-4:45 pm,

or by appointment

THE ROSARY

Mon-Fri 6:40 am & 4:30 pm

SACRAMENT OF BAPTISM

First time parents must participate in Baptism Preparation. To register, please fill out a "Request for Baptism" form at the information desk or on line.

welcome

Visitors and New Parishioners!

We hope that you have a meaningful worship experience at St. Mary's Cathedral. We invite unregistered parishioners to complete a registration form at the information desk. If you have any questions, or if there is anything we can do to make your visit here more pleasant, please do not hesitate to contact the ushers, or any staff members that may be present. You may also call the Parish Office and talk to a staff member for additional information (403) 228-4170.

**To our visitors, enjoy your visit with our parish family.
To our new parishioners,
Welcome Home!**

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MARCH 3 2019

8TH SUNDAY IN ORDINARY TIME



What Do You Produce?

The first reading from Sirach offers timeless counsel: "the fruit of a tree shows the care it has had: so too does one's speech disclose the bent of one's mind. Praise no one before he speaks." Jesus uses the

very same analogy in today's Gospel reading from Luke. "A good tree does not bear rotten fruit, nor does a rotten tree bear good fruit. For every tree is known by its own fruit." Jesus explains, "A good person out of the store of goodness in his heart produces good... for from the fullness of the heart the mouth speaks."

Everything we have is a gift from God to be used for His honor and glory. This includes the gift of speech and, even more broadly, all forms of modern-day communication — email, text, Twitter, Facebook and the rest. What comes forth from our mouths, or keyboard, or phone, is a reflection of what is in our minds and hearts. Our ability to communicate with each other is itself a gift that we must steward well.

In the same Gospel passage, Jesus reminds us, "No disciple is superior to the teacher; but when fully trained, every disciple will be like his teacher." We must therefore be trained by Jesus our teacher so that our minds and hearts will be aligned with His mind and heart, and our speech (and actions for that matter) will reflect His goodness.

How do we obtain this training? Thankfully, we have an abundance of supernatural "training materials" at our disposal. First and foremost, we can spend time with the Teacher, our Lord: we can study His life through reading the Scriptures, and we can listen and speak with Him in quiet, regular times of prayer. We can expand our faith knowledge through study of the *Catechism of the Catholic Church*. We can find healing and strength in the Sacrament of Reconciliation. Amazingly, we can partake of His Body and Blood in the Eucharist.

The more intentionally and frequently we make use of these means, the more we will become like our Teacher and Lord. Then, all that we do and say (and tweet and post) will bring others closer to Him. This is the life's work of the Christian steward. It is privileged work indeed.

Roman Catholic Diocese of Calgary from the Catholic Pastoral Centre - March 3, 2019



YOUNG ADULTS KNIGHTS OF COLUMBUS Bishop McGrattan invites Catholic men between the ages of 18 and 40 to a special meeting. The purpose of the meeting is to start a core group of young men in the Calgary area to use their Catholic faith by serving their Church and Community. Date: **Monday, March 11**. Where: St. Mary's Cathedral Rectory Hall (219 8 Avenue S.W., Calgary). Time: Registration: 6:30 pm. Presentations: 7 to 8:30 pm. Please contact Ricky Finzel at membershipdirectorsouth@kofc.ab.ca to advise if you plan to attend.

LOVE THY BODY at THEOLOGY OF THE BODY CONFERENCE 2019 | We might think we do, but do we really love our bodies? How can we truly respect and love ourselves the way God commands us to? Let's examine love, sex, relationships, heaven, hell, human desires, sex/gender and the eternal destiny of the human body, male and female. Come hear from Sr. Helena Burns at the Theology of the Body Conference 2019. Save the date: **Fri & Sat, March 8 & 9 at St. Michael Catholic Community in Calgary**. Guest speakers include Christopher West, Mike Mangione, Sr. Helena Burns, Kevin Muico, Fr. Thomas Loya and Vicki Thorn. The two-day conference will explore theology and practical applications of human sexuality. Visit: <http://TOB.calgarydiocese.ca>

THE VISIT OF CARDINAL JORGE UROSA FROM VENEZUELA The Archbishop Emeritus of Caracas, Venezuela, will be visiting Calgary on the weekend of March 9-10. He will be celebrating Mass at St. Michael Catholic Community on Saturday, **March 9 at 5 pm** (English), and on **Sunday, March 10 at 1 pm** (Spanish). All the faithful are welcome to attend.

ALZHEIMER WORKSHOP: Learn about the Alzheimer's disease and related dementias, along with tools and strategies for interaction with persons with dementia and their caregivers. When: Saturday, **April 6 from 9 am to 2:30 pm** at St. Paul's Anglican Parish (7 Sunmills Green SE, Calgary). Contact: 403-218-5501 | healthcareprograms@calgarydiocese.ca

VOLUNTEERS WANTED FOR THE OUTDOOR WAY OF THE CROSS | The 36th annual Outdoor Way of the Cross takes place at 9 am on **Good Friday, Apr. 19** at St. Mary's Cathedral, Calgary. We are currently looking for readers, first aiders, crowd control, and volunteers to help with lost persons and to carry the cross. Contact Marilou at: 403-218-5519 | marilou.legeyt@calgarydiocese.ca

LENTEN DAY SILENT RETREAT Theme: Take up your cross and follow me. When: **Saturday, March 30**, begins with Rosary at 10:30 am and Mass at 11 am. Where: Divine Mercy Centre (15206 Township Road 262, Calgary). Contact: 587-755-1019 | www.sistersofdivinemersey.org

THE VIRTUES OF MARY The Heralds of the Gospel community invites you to a talk by Br. Justin Bonyun on *The Virtues of Mary*. When: **Sunday, March 10** at 2 pm. Potluck dinner follows. Where: St. Patrick's Church (1414 Shawnessy Blvd. SW, Calgary). Contact Ting at 403-397-0882.

SPIRITUAL DIRECTION TRAINING PROGRAM In September, FCJ Centre will offer a two-year Spiritual Direction Training Program. Call 403-229-4215. Application deadline: **May 31**.

CalgaryDiocese.ca | WHAT'S HAPPENING in the DIOCESE. Contact: 403-218-5500 or E-mail: communications@calgarydiocese.ca

Mass Intentions FOR THE WEEK

Monday, Mar. 4

7:30 am Silvana Perlas Molino (RIP)
5:00 pm Beatrice Hygard (RIP)

Tuesday, Mar. 5

7:30 am Woody Dilello (RIP)
5:00 pm Horvath Family (INT)

Wednesday, Mar. 6

7:30 am Fernando & Teresita Nidoy (RIP)
5:00 pm No Mass

Thursday, Mar. 7

7:30 am Gertrude & Fam. (INT)
5:00 pm Carl Sorenson (RIP)

Friday, Mar. 8

7:30 am Gladys Juarez (INT)
5:00 pm Ken Daw (RIP)

Saturday, Mar. 9

9:00 am Molly McCormick (INT)

This Week in the Parish

Sunday, March 3

Coffee Sunday after 8:30 am & 10:30 am Masses

Wednesday, March 6 (Ash Wednesday)

RCIA - 7:00 pm

Thursday, March 7

Bible Study

Friday, March 8

Stations of the Cross 7:00 pm

Sunday, 03

Coffee Sunday after 8:30 & 10:00 am Masses

Looking Ahead – Lent 2019



This Wednesday is Ash Wednesday.

Lent is a time for penance and repentance, for almsgiving and prayer, for working to change attitudes that are not pleasing to God.

Mass times for Ash Wednesday, March 6

are as follow: 7:30 am (Fr. Charles) 12:00 pm Noon (Fr. Joe), and 7:00 pm. (Bishop McGrattan)

Stations of the Cross Fridays during Lent:

March 8, March 15, March 22, March 29, April 5, April 12 at 7:00 p.m.



SACRAMENT PREPARATION



BAPTISM PREPARATION The next **Baptism** preparation class will be held on Saturday, **April 27** at 10:00 am in the Rectory Hall. If you are first-time parents seeking baptism for your child, you are required to attend one of these sessions prior to the baptism. Registration forms are available on the information tables in the Cathedral and on our website. Registration is required.



SACRAMENT PREPARATION FOR CHILDREN

***Must be registered to attend**

Sacrament Preparation Program – First Eucharist - 2019

Session 2 Saturday, March 16, 2019, 9:30 to 11:00 am
Session 3 Saturday, April 6, 2019, 9:30 to 11:00 am
Session 4 Saturday, May 4, 2019, 9:30 to 11:00 am
Retreat Saturday, May 11, 2019, 9:30 to 11:30 am,
Celebration of First Eucharist: May 12, 19 & 26; June 2, 9, 16, 23 & 30
Sunday Masses

Sacrament Preparation Program – Confirmation

6th Class Thursday, March 21 – 7 to 8:30 pm
7th Class Thursday, April 25 – 7 to 8:30 pm
Retreat Saturday, May 4 – 9am to Noon
Confirmation Mass - Saturday, June 15, 2019 - 5:00 pm

*Attendance and participation at the sessions is necessary. The new Diocesan wide program for the Combined Sacrament Program – First Reconciliation and First Eucharist offers a variety of opportunities to attend the same session at another parish. Please contact the Parish Office if you will need to miss a session at our parish so we can arrange for you to attend at another parish.

Choosing a Confirmation Sponsor The role of the Confirmation Sponsor is the beginning or the continuation of a lasting relationship of mentoring and guidance. The chosen Sponsor will act as a role model and a faith companion for the Confirmation candidate.

In selecting a Sponsor for Confirmation:

- The individual must be at least 16 years old.
- He or she must have received the sacraments of Baptism and Confirmation in the Catholic Church.
- The person must have the intention, the ability, and adequate time to be a Sponsor.
- The Sponsor should live according to the Catholic Faith: attend Mass every weekend and receive the sacraments of the Church regularly, especially Reconciliation and the Eucharist.
- A parent may not serve as a Sponsor for their child.
- The gender of the person serving is not a deciding factor. The Sponsor may be a man or woman. A man may serve as a Sponsor for a girl, a woman may serve as a Sponsor for a boy, or the Candidate may choose a Sponsor of their own gender.
- One of a Candidate's Godparents is an ideal choice. Choosing the same person as Sponsor for both Baptism and Confirmation helps emphasize the connection between the two sacraments.

Readings for March 10, 2019 - First Sunday of Lent

First Reading: (Deuteronomy 26:4-10) This is how the chosen people are to confess their faith.

Second Reading: (Romans 10:8-13) This is how believers in Christ profess their faith.

Gospel: (Luke 4:1-13) Jesus was led by the Spirit into the wilderness: there he was tempted.

FROM OUR MINISTRIES



Society of St. Vincent de Paul - Your ongoing support to our Society in so many ways (financial donation to "SSVP" and food hamper items drop-off at the main entrance of the Church) has been instrumental in our outreach work to the poor and forgotten in our community. We are grateful for your generosity. Tax receipts for 2018 donation were mailed out in Jan. If you did not receive tax receipt or require assistance, call us at 403-397-6028.



Coffee Sunday We invite you to join us in welcoming new parishioners and sharing with one another. **NEXT COFFEE SUNDAY will take place on March 10 after the 10:00 am mass.** If you would like to donate baked goods or volunteer your time to help in setting and/or cleaning up on a rotating basis please contact Phan at phan_truong@hotmail.com.



The Shrove Tuesday Parish Pancake Carnival has been cancelled due to poor response. Please support other parish activities sponsored by the Knights of Columbus and save the dates for the following: -Stations of the Cross, April 5, -Outdoor Way of the Cross, April 19, -Mothers Day Roses, May 12, - Stampede Breakfast, July 7, and many more.



Pastoral Care Team of St. Mary's would be pleased to visit and bring the Eucharist to the shut-ins of our parish. Please call 403-228-4170 to make arrangements.



Bible Study takes place on **Thursdays** at 3:00 pm in the Rectory Hall. Every week we read one or two chapters from the Old and New Testament and discuss. Please call Bob at 403-272-4262 for more information.



Catholic Women's League (CWL) The next meeting will be held on **March 9th.** after the 9:00 am Mass in the Rectory Hall. All women of the parish are heartily invited to become members. For more information, contact Anthea at anthea.berdan@gmail.com

CHOSEN BY GOD THE RITE OF ELECTION AND THE HOLY SEASON OF LENT By Simone Brosig, Liturgy Consultant/Director Roman Catholic Diocese of Calgary - Part 3

HOLY SEASON OF LENT The period between the Rite of Election and the Easter Vigil is known as the Period of Purification and Enlightenment. It is to be a time of intense spiritual preparation for the elect. The time for catechesis has ended so the elect now join with the entire Christian community in fruitfully employing the Lenten season to prepare for Easter. The readings, music, and prayers for the Rite of Election are generally taken from the First Sunday of Lent. The bishop urges the godparents and the entire community to be an example and support for the elect during this time and then they are surrounded by prayer before being dismissed to "set out with us on the road that leads to the glory of Easter." To be continued...



Stewardship of Treasure

February 24, 2019

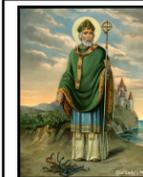
General Collections	Last Week	Y-T-D
Envelopes/Loose/Debit/etc.	\$12,338.15	\$136,579.65
Weekly operating cost:	\$22,000.00	\$176,000.00
Year to date: Over/Under Budget:	(\$9,661.85)	(\$39,420.35)

Altar Flowers \$288.00

Other Collections

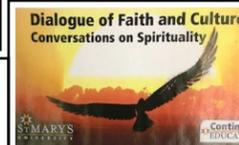
Together in Action \$140.00
Our Together in Action Goal for 2019 is: \$66,584.00

Thank you for your generosity!



Irish Mass: The Irish-Canadian Community of Calgary welcomes all members of Calgary's Interfaith, their families and friends to the 19th Annual Mass for Peace on St Patrick's Day at 12:00 noon, Saturday, March 16th, at St. Mary's Cathedral.

Prior to the start of Mass, the ICS choir will commence signing Irish hymns and songs at 11:30 am. Following the celebration of Mass, a buffet lunch will be served in the St Mary's Parish Hall, which will also showcase Irish culture. Donations of sandwiches, vegetables, fruits, and squares, gratefully accepted. Please deliver food items before Mass at the Parish Hall. Thank you. All are welcome.



Dialogue of Faith and Culture: Conversations on Spirituality
With Fr. Charles Pottie-Pâté, sj.
Wednesdays March 13, 20, 27, April 3, 2019. 4:30 - 6:30 pm. \$40/person.

Sensing an inner yearning to live our Christian faith in contemporary culture? Aware of some burning questions that you would like to share within a small seminar group of sojourners? During the Lenten season, join us on campus for 4 weeks as we respectfully gather together in honest reflections and dialogue. Possible topics imbedded in these Faith & Culture conversations include: Gospel Vision & Social Justice; Sexuality; Living our Faith. For more information please contact: Elizabeth.cressman@stm.ca Payment Completes Registration. www.stmu.ca/cont-ed/